STANDING ORDERS FOR OVER THE COUNTER MEDICATION

MEDICATION	DOSE	ROUTE	FREQUENCY
IBUPROFEN	200-400 mg age 12 and above.	By mouth	4-6 hours as needed for:
	Not to exceed 6 tablets in a 24		-temp 99F & above
	hour period		-headache, muscle ace, toothache
			-menstrual cramps
			-sore throat
CIHLDREN'S IBUPROFEN	As directed on label	By mouth	4—6 hours as needed/as above
ROBATUSSIN	2 teaspoons/10 mls	By mouth	-every 6 hours as needed for cough
ADULTS & CHILDREN OVER 12			-do not take more than 4 doses in a 24
YEARS			hour period
GENERIC COUGH DROPS	1 to suck	By mouth	4 hourly as needed
BENADRYL	5 mls (12/5 mg)	By mouth	Take 6 hourly as needed for
	May repeat in one hour		-allergy symptoms
CLARITIN	6 years and over 10 mg	By mouth	10 mgs every 24 hours
BACITRACIN OR	As required	Topically	BID:
NEOSPORIN			-apply to wound after cleansing or
			burn (if applicable) after running cool
			water over area of burn
BENGAY OR EQUIVELANT	As required for adults and	Topically	3-4 times a day for:
	children over 12 years of age		-minor aches and pains to muscle and
			joints
DIPENJYDRANIME CREAM OR	As required for adults and	Topically	3-4 times a day for:
EQUIVELANT OR	children over 12 years of age		-irritation from rash, poison ivy, insect
HYDROCORISONE CREAM			bites & minor skin irritations
CARMAX OR EQUIVALENT	As required	Topically	As needed:
			-for chapped and/or dry lips
ORA GEL OR EQUIVELANT	As required	Topically	Apply orally for relief of pain to gums
			& toothache
GENERIC EYE ASH RELIEF	As required	As a wash to	As needed:
		eye topically	-for irritation to eye due to irritation
			from injury or allergies
CALAMINE LOTION	As required	Topiclly	Apply to area affected by sunburn as
			needed hourly
TUMS/ANTACID CHEWS	As required. Age 12 years and	By mouth	-heartburn
	over. 2-3 chews not more		-acid indigestion
	than 6 in a 24 hour period		-gastric upset

PLEASE CIRCLE THE MEDICATION YOU DO NOT WANT YOUR CHILD TO TAKE

Wound will be cleansed and dressed as appropriate to the type of wound presented

Doctor's signature:	Date:
School Nurse Signature:	Date: 2021-2022
Student's name:	
Date of Birth:	
Parent/guardian signature:	Date: